**Make-up Assignment for Hypothermia** Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class/Period:\_\_\_\_\_\_

Directions: Complete the questions below using pages 33, 42 and 43 in your boating booklets. This assignment is due NEXT class period.

1. Write down the 7 bold-highlighted **Paddling Tips,** and then describe what a float plan is.

1. Cold water shock is a major factor in boating \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The water does not have to be freezing; cold water shock often occurs in water temperatures above \_\_\_\_\_\_\_\_\_\_.
2. What is hypothermia?
3. List & **describe** the 4 stages of Cold Water Immersion.
4. Write down the 4 First Aid steps for hypothermia.
5. Write down the 6 tips for Cold Water Survival.